



eliteteamtm

Programme outline

The premier performance programme for teams who need to perform at the highest possible levels, whatever the circumstances. The programme is research based and has been developed by a team of coaches who have operated at the highest levels in tough performance environments – both sporting and corporate.

Typical participants

- New teams
- Existing teams facing new challenges
- Great teams who have to maintain high performance
- Teams who have to step up a level

Programme Characteristics

- Easy to understand and highly effective
- Highly interactive and inter-personal
- Uses top class research
- Benefits from all our experience in working with the elite in sport and business

What will participants do?

1. Each participant will learn and internalise:

- the meaning of world class performance
- what makes a world class team
- the levels at which a team operates
- world class team leadership
- the importance of shared vision, values and behaviours
- how to ensure world class team communication
- how to create and sustain shared responsibility and commitment
- how to create and sustain a world class motivational climate
- how to create and sustain a high performance team culture

2. They'll also develop:

- an integrated and comprehensive team and individual performance plan

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- the ability to measure, manage and improve

3. And they'll prepare for and experience

- top class performance coaching

What will participants get?

- access to three decades of research into team performance
- a tried, tested and proven system and process for understanding and achieving more intense, sustainable and consistent levels of human performance
- measurement and review of current and desired team performance levels
- comprehensive programme documentation

What will the organisation get?

In addition to a team that:

- is aligned
- recognises the value of a high performance team culture
- has clear expectations
- communicates the team contribution to organisational success
- is highly committed
- is strong on confidence
- has an increased sense of individual and team choice
- encourages collaboration
- are world class communicators
- encourages individual and team responsibility

The organisation will also get:

- comprehensive understanding of what is working well in the team
- guidance as to what needs changing to improve performance
- analysis of the common understanding, vision, purpose, values and key goals of the team
- a breakdown of the contribution made by each individual and
- a star team!

