

REBECCA WEISSBORT

Head Human
Performance Coach



OTHER STUFF

Rebecca is a yoga teacher, enthusiastic gym bunny and loves to travel. She also holds a post grad in Exercise and Health Behaviour, is a qualified HNLP coach and holds a CBT coaching qualification.

CONNECT WITH REBECCA

<https://www.linkedin.com/in/rweissbort/>



ABOUT REBECCA

Rebecca is never happier than when she's supporting people to be the best version of themselves.

With over 20 years as a coach and her own experience of performing in lots of different environments (music, dance, media, education and many more) the role of a performance coach marries her passions in a truly wonderful way!

PROFILE

Her background as a leader, innovator and educator within the fitness industry – including being a judge for the prestigious fitness industry awards for many years – she knows what it takes to perform as an outstanding individual or organisation in a competitive field.

She has also been a professional musician, karate competitor, an educator, published author, conference speaker, trainer, coach and consultant.

EXPERTISE

Rebecca is a great listener, identifying performance challenges and helping individuals and teams to move to action, enabling them to fulfil their potential. Our customers (and the PlanetK2 team) value her ability to bring human performance excellence into a strategic actionable approach.

Rebecca's specialisation in health, wellbeing and behaviour change is an invaluable tool in the human performance kitbag. Rebecca knows what it takes to perform at a high level and brings this unique wealth of experience and expertise to her work.

ROLE

Rebecca is the head coach in the Planet K2 delivery team and works shoulder to shoulder with customers, whether 1:1, with teams or the whole organization to help them reach their performance potential.

You just need to spend a short amount of time with Rebecca to understand why, as her energy and commitment for bringing all of her experience to make a performance impact for you will be clear from minute one.